

COMMUNITY NOTICES



TheChiro
We've got your back

Back to School Bag Checks!
Your child's backpack could be causing stress and strain on their spine, affecting posture and function at a crucial time of their development.

Get them checked for:

1. Proper Bag Positioning
2. Correct posture
3. Scoliosis

Contact us to book your free 'Back to School Bag Check'!

Phone: 04 3265 082
Email: info.upperhutt@thechiro.co.nz
Web: www.thechiro.co.nz
Facebook: Thechiro



Missing

Have you seen our cat Bloo?

She went missing from Blue Mountains road on the 14th Feb '19.

- Small female cat
- 2 years old
- Long fluffy grey fur
- White bib and 4 white paws
- Any info would be greatly appreciated, even sightings.

Please contact Eve on 021 906 481 or Rob on 021 505 722



[The Bubble Show - bats.co.nz](http://bats.co.nz)

The Bubble Show is back at the NZ Fringe after a sale-out in 2017.

An international award-winning show for the children and the whole family to enjoy!

We are a lovely friendly Kindergarten located on top of the Holborn hill in Stokes Valley.

We are now taking enrolments for Term 2 for our full day session 8.30am – 2.30pm, Monday to Friday.

You are able to claim your 20ECE hours with us.

Please feel free to contact us if you would like further information.

Email: holborn@huttkindergartens.org.nz or Phone: 920 9818



UPPER HUTT HOCKEY

FUN DAY

SUNDAY 24TH MARCH

1 PM - 3 PM

MAIDSTONE HOCKEY TURF

SAUSAGE SIZZLE
LUCKY PLAYER PRIZE DRAW

GEAR AVAILABLE FOR USE





YMCA CHILDRENS DAY SPECIAL WEEK!



**WE VALUE FAMILY SO Y NOT
GET FIT TOGETHER?!**

**JOIN US ON
3rd – 8th OF
MARCH
YMCA UPPER HUTT,
SOMME ROAD,
TRENTHAM**

Sun – Friday: Children 9 yrs plus come free when accompanied by an adult!

Tuesday: 1:00pm – Mums & Bubs Taster Session – Bring your babies along for a low impact workout!

Y-Dance 5 – 7yrs 3:45pm 8yrs+ 4:30pm

Wednesday: 4:00pm Raise Up Youth Leadership Programme

Thursday: 10:30am – 12:00pm Kia Kahe Ake – Give it a go! – Free play for under 5's in a safe encouraging environment.

Friday: 3:00pm – 7:00pm – Free court time for under 14s.



YMCA_GYM_UPPERHUTT



YMCAUPPERHUTT

Stopping & parking near a school

Everyone is only here for "a minute or two", but where and how you stop or park matters.



Stopping on broken yellow lines, across a driveway, on a bus stop, and double parking are illegal and risky manoeuvres. They endanger children and other pedestrians and you may get fined if you choose to:

- Stop or park on broken yellow lines \$60
- Double park \$60
- Stop or park in front of or within 1 metre of a vehicle entrance or driveway \$40
- Stop or park on the footpath \$40
- Stop or park on or near a pedestrian crossing . . . \$60
- Stop or park in a way that is inconsiderate to other road users, including pedestrians \$60

Please put children's safety first at all times.



Safer School Runs



When children arrive at or leave school, how and where you stop, park and drive can protect them or put them in danger.

Drivers and children need good visibility to be able to see each other.

Parking restrictions are in place near schools for a reason - to protect our tamariki.

***CHAOS at the school gate...
are you part of the problem?***

***Choose to stop or park safely
and legally every time.***



Jumping BEANS®

WHERE ACTIVE PLAY IS SERIOUS FUN...

Join our fun, evidence-based, physical activity, movement development classes for children from 3 months to 5 years.

NEW Community Classes Starting Term 2
at the SPOT in Upper Hutt



- ✦ Fun, child-centred, age appropriate classes
- ✦ Unique focus on brain development and safety skills
- ✦ Backed by research
- ✦ Promotes healthy movement patterns
- ✦ Highly trained and experienced team

We welcome you and your little Beans to join us now!

To find out more **CONTACT:**

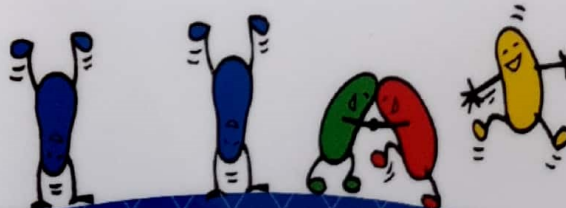
Melissa Pepler

Jumping Beans – Greater Wellington

Ph: 021 941 229

E: melissa@jumpingbeans.net

Visit: www.jumpingbeans.co.nz



Free Kids Eye Exams at Specsavers

Specsavers Lower Hutt offers annual free Eye Examinations to all children aged under 16. We want to reach out to teachers, parents and care givers to encourage you and your school to keep an eye out for students who may be showing difficulties with their vision.

Around one in two (45%) children aged 1-16 in New Zealand have never had an eye test, which means many eye problems go undetected. Poor eyesight can cause learning and behavioural problems, which might be blamed on other things. The sooner vision problems are detected, the better the outcome. Conditions such as squint and amblyopia (lazy eye) can be treated more effectively if they are picked up early.

We've included an easy checklist of things you can watch for that may indicate a problem with a child's eyesight.

Specsavers comprehensive eye tests include health checks, and a glasses prescription if required. Glasses are affordable, starts at \$79 for one complete set of lenses and frames.

Families or children with a Community Services Card can apply for an Enable grant (funded by the Ministry of Health) to completely cover the cost of glasses. Our staff are here to help you apply, just bring a valid Community Services Card with you on the day.

Eye tests are easy, and only take 20 minutes. There are times available after school and on weekends. Call to book, 04 5892717 or make an appointment online.

10 signs there might be something wrong with a child's eyesight:

1. Straining their eyes or tilting their head to see better
2. Frequent eye rubbing
3. Losing their place while reading or using a finger to guide the eyes
4. Sensitivity to light/ excessive tearing
5. Falling behind in school
6. Complaining of headaches or tired eyes
7. Always sitting too close to TV or holding a book too close
8. Avoiding activities which require near vision, such as reading or homework; or distance vision, such as sport or other activities
9. Closing one eye to read, watch TV or see better
10. Avoiding using a computer or tablet because it 'hurts their eyes'

Specsavers Optometrists Lower Hutt
Shop 230 (opposite The Warehouse)
Queensgate Mall, Lower Hutt
Ph 04 5892717
www.specsavers.co.nz/lowerhutt



Ph 04 5892717 or Book Online



SATURDAY
2ND MARCH
2019



KIWI SKATE DAY

COME ALONG
& GET SOME
SKATES ON



LOOK US UP ON
FACEBOOK


Skate NZ
NEW ZEALAND FEDERATION
OF ROLLER SPORTS INC.

WHERE

TIME

Upper Hutt Skating Rink
4A Railway Ave, Maidstone

10.00am Off skates Fitness

10.30am onwards Learn to skate in the small Rink (*all day*)

11.00am Rimutaka Renegades Inline Hockey

1.00pm Rimutaka Roller Derby and Richter City Roller Derby

2.00pm Hutt Valley Derby Brats and Sk8 Punks (juniors)

3.00pm-5.00pm Public Disco, have fun and race with Valley Inline Speed Skating!

5.00-6.00pm UHRSC Artistic Skating demonstration

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North Island Springboard & Platform Championships 1-3 March 2019

Wellington Regional Aquatic Centre, Kilbirnie



<https://wellingtondiving.org.nz>



Plunket Fun Run 2019



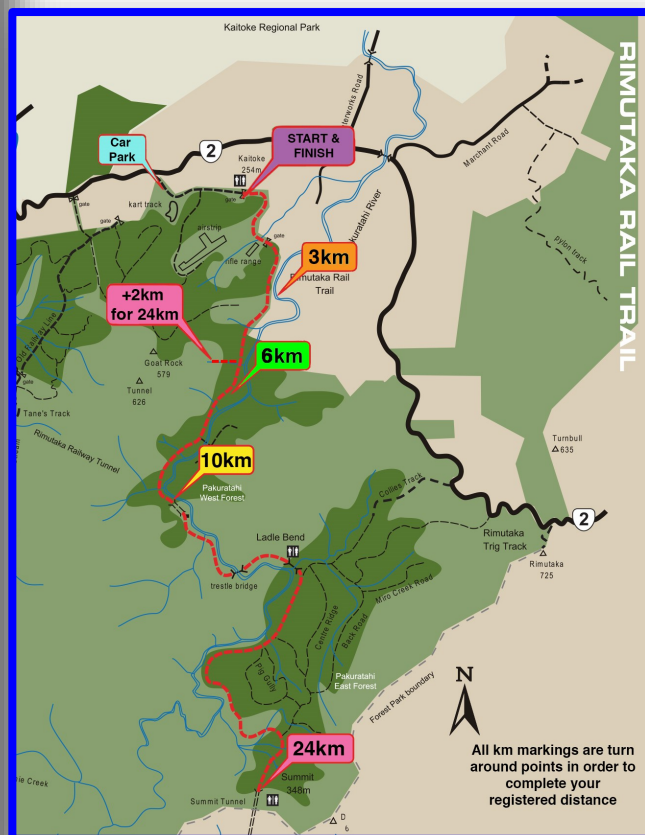
The Wellington Plunket Fun Run
Saturday 13th April at Rimutaka
Rail Trail

Get involved today:
funrun.plunket.org.nz
#plunketfunrun



PAK'nSAVE
OUR POLICY: NZ'S LOWEST FOOD PRICES

UPPER HUTT, LOWER HUTT & PETONE



Support Your School

Below are some local businesses who support and give donations to Silverstream School when parents/caregivers, friends and family, use their Business and mention SILVERSTREAM SCHOOL.

Supporting success in your school.

If you are a parent, staff member or member of the school community and you draw down a new ASB home loan of \$250,000 or more, ASB will donate to your chosen participating school:

\$500

ASB lending criteria and terms apply. Fees may apply. To be eligible for this donation your new home loan application must be received, approved and then documented in a facility agreement, along with the completion of a school donation voucher, between 1 January 2017 and 30 June 2017. A minimum of 20% equity is required in the security property provided to ASB. This home loan offer is only available on loans secured by an owner-occupied residential property. Only one donation will be given per customer. Donations will be made by ASB on behalf of the customer to the chosen school upon full draw down of the new home loan. This offer excludes loans for business purposes and bridging.

ASB Bank Limited 56380 16785 0117

ASB

Supporting success in your school.

If you are a parent, staff member or member of the school community and you draw down a new ASB home loan of \$250,000 or more, ASB will donate \$500 to your chosen participating school. Visit asb.co.nz/schoolbanking for full details.

ASB lending criteria and terms apply. Fees may apply. To be eligible for this donation your new home loan application must be received, approved and then documented in a facility agreement, along with the completion of a school donation voucher, between 1 July 2017 and 30 June 2018. A minimum of 20% equity is required in the security property provided to ASB. This home loan offer is only available on loans secured by an owner-occupied residential property. Only one donation will be given per customer. Donations will be made by ASB on behalf of the customer to the chosen school upon full draw down of the new home loan. This offer excludes loans for business purposes and bridging.



\$150 SCHOOL DONATION

Thinking of buying a new home, purchasing your first or wanting to review you current home loan structure?

Contact Matt Ingerson your local mortgage and insurance broker.

Matt offers a comprehensive mortgage broking service including advice on health, life and disability insurance.

If you complete a new mortgage, mortgage refinance or complete a health, life or disability product through Matt, Silverstream School will receive a \$150 donation.

Matt Ingerson

Mortgage & Insurance Advisor



MI MORTGAGES LTD

P 04 212 3394 **M** 021 304 020

E matt@ingersonfs.co.nz

www.ingersonfs.co.nz



Peter Cowie

Mobile Mortgage Manager

\$400 for every successful home loan referral!!

Mention Silverstream School when you call Peter Cowie and for every successful ANZ Home or Business Loan \$50,000 or over (including home loan top up) drawn down, the school will receive approximately \$400 of purchasing power at the ANZ Awards Centre.

Included in the wide range of products available are awesome sports gear and technology equipment.

Call Peter anytime on 04 436 5605 Or 027 243 5935

Email peter.cowie@anz.com



MENTION SILVERSTREAM SCHOOL

**AND SHOE CLINIC WILL GIVE A \$10
DONATION TO OUR SCHOOL.**

**LAST TERM WE RECEIVED A \$60
DONATION**

FROM SHOE CLINIC LOWER HUTT.

**THANK YOU FOR ALL WHO SUPPORTED
OUR SCHOOL!**

Jainand Kumar

027 453 7373

Call or Text
Your Local Specialist

Synergy Realty Group Limited
Licensed Real Estate Agents REAA 2008



www.synrg.nz
www.facebook.com/remaxwellington



\$300 SCHOOL DONATION

IT'S EASY TO HELP OUR SCHOOL GET CASH.

**HERE'S A SIMPLE
WAY TO GET CASH
FOR YOUR SCHOOL**

**NEW AND
IMPROVED**



**support
your
school**
.co.nz

We've enrolled with the Warehouse Stationery Support your School programme.

We need your help – simply nominate SILVERSTREAM SCHOOL at the checkout whenever you shop and our school will earn cashback.

Find out more at
supportyourschool.co.nz



**warehouse
stationery**